First Year
- Attend Pre-Health orientation
- Create a Pre-Health Advising Portal Account
- Consider making a Pre-Health Advising appointment with Susie Fang
- Familiarize yourself with sections of the Pre-Health website
- Review the Pre-Med prerequisites | Pre-Health professions prerequisite courses
- Join a club or organization
- Seek meaningful health-related volunteer, and/or research experiences
- Develop relationships with faculty, advisors, Pre-Health liaisons and mentors
- Identify summer enrichment, volunteer, paid, research, and/or leadership opportunities

Sophomore Year
- Pursue meaningful health-related volunteer, and/or research experiences
- Plan to attend the Sophomore Pre-Health meeting in the fall
- Continue to develop relationships with faculty and mentors
- Use resources from your college Writing Center
- Keep on track with the Pre-Med prerequisites | Pre-Health professions prerequisite courses
- If interested in studying abroad, visit your college Study Abroad Office
- Apply for or consider resuming summer enrichment, volunteer, paid, research, and/or leadership opportunities
- Consider when to take the MCAT, DAT, GRE, etc.

Junior / Senior Year
- Attend Pre-Health Advising programs/meetings
- Continue participation in meaningful health-related, volunteer, and/or research experiences
- Identify which faculty, advisors, mentors, or supervisors you would like to ask to write you a letter of recommendation
- Keep on track with the Pre-Med prerequisites | Pre-Health professions prerequisite courses
- Register to take the MCAT, DAT, GRE, etc. and establish a study plan
- Review the KSD Committee Letter Process timeline

Application Year
- Attend the Applicant Kick-Off meeting in September/October
- Follow the KSD Committee Letter Process timeline and make sure to meet all deadlines
- Familiarize yourself with the relevant centralized application service
- Research schools of interest
- Read all Pre-Health Advising applicant update emails

General
- Explore the Pre-Health website
- Schedule Pre-Health Advising appointment as needed
- Draft a resumé – visit the Career Services Department
• Follow health news and read relevant articles
• Document volunteer, shadowing, research, etc. experiences (include start/end dates, patient interactions, and supervisor information)