



# W.M. Keck Science Department

Claremont McKenna College • Pitzer College • Scripps College

## First Year

- Attend Pre-Health orientation
- Create a Pre-Health Advising Portal Account
- Consider making a Pre-Health Advising appointment with Susie Fang
- Familiarize yourself with sections of the [Pre-Health website](#)
- Review the [Pre-Med prerequisites | Pre-Health professions prerequisite courses](#)
- Join a [club or organization](#)
- Seek meaningful health-related volunteer, and/or research experiences
- Develop relationships with faculty, advisors, Pre-Health liaisons and mentors
- Identify summer enrichment, volunteer, paid, research, and/or leadership opportunities

## Sophomore Year

- Pursue meaningful health-related volunteer, and/or research experiences
- Plan to attend the Sophomore Pre-Health meeting in the fall
- Continue to develop relationships with faculty and mentors
- Use resources from your college Writing Center
- Keep on track with the [Pre-Med prerequisites | Pre-Health professions prerequisite courses](#)
- If interested in studying abroad, visit your college Study Abroad Office
- Apply for or consider resuming summer enrichment, volunteer, paid, research, and/or leadership opportunities
- Consider when to take the MCAT, DAT, GRE, etc.

## Junior / Senior Year

- Attend Pre-Health Advising programs/meetings
- Continue participation in meaningful health-related, volunteer, and/or research experiences
- Identify which faculty, advisors, mentors, or supervisors you would like to ask to write you a letter of recommendation
- Keep on track with the [Pre-Med prerequisites | Pre-Health professions prerequisite courses](#)
- Register to take the MCAT, DAT, GRE, etc. and establish a study plan
- Review the [KSD Committee Letter Process](#) timeline

## Application Year

- Attend the Applicant Kick-Off meeting in September/October
- Follow the [KSD Committee Letter Process](#) timeline and make sure to meet all deadlines
- Familiarize yourself with the relevant centralized application service
- Research schools of interest
- Read all Pre-Health Advising applicant update emails

## General

- Explore the [Pre-Health website](#)
- Schedule Pre-Health Advising appointment as needed
- Draft a resumé – visit the Career Services Department



# W.M. Keck Science Department

Claremont McKenna College • Pitzer College • Scripps College

- Follow health news and read relevant articles
- Document volunteer, shadowing, research, etc. experiences (include start/end dates, patient interactions, and supervisor information)